Adapting to the Latest Cyber Threats to ICS/OT

Integrating Continuous Security Testing into the Purdue Model

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About Today's Speaker - Adapting to the Latest Cyber Threats to ICS/OT

Christian Scott
PLCS Practice Leader

- 20+ Year of Technology & Cybersecurity Expertise
- Original background in software development, systems engineering, cybersecurity program management and offensive cybersecurity testing
- "White Hat" ethical hacker who has overseen thousands of penetration tests, social engineering tests, red teaming, purple teaming, cybersecurity risk assessments and white box security architecture reviews
- Preeminent cybersecurity researcher and educator through numerous contributions including Kali Linux featured open-source tools like Legion as well as helping hundreds break-into-cyber through his educational non-profit "Cyber Judo"

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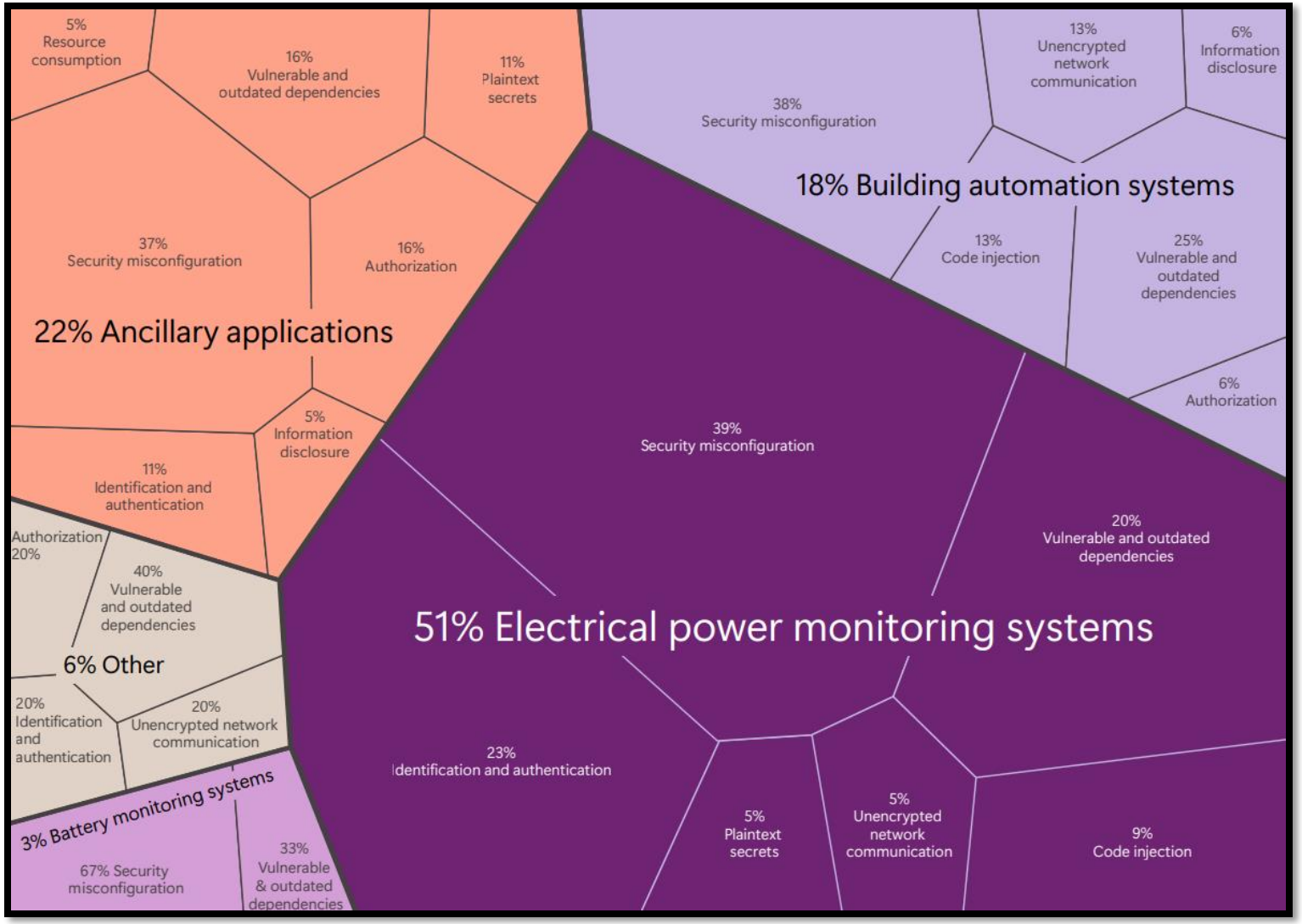
The Current OT Threat Landscape

- In Fortinet's recent OT security report, they found that nearly one-third of respondents had suffered six or more security intrusions, up from 11% in 2023. They also found that all types of intrusions increased in 2024 with the exception of malware which remained relatively consistent with last year.
- The amount of OT-specific malware disclosed in the last 3 years is greater than in the entire previous decade.
- The US Cybersecurity and Infrastructure Security Agency (CISA) warns that malicious actors are increasingly targeting internet-connected operational technology (OT) and industrial control system (ICS) endpoints.

Timeline of OT-Specific Malware
- **2010**: Stuxnet
- **2013**: Havex
- **2014**: BlackEnergy3
- **2016**: Industroyer/CrashOverride
- **2017**: Trisis/Triton
- **2022**: Industroyer2, Pipedream
- **2023**: CosmicEnergy
- **2024**: Fuxnet, FrostyGoop



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https://www.fortinet.com/content/dam/fortinet/assets/reports/report-state-ot-cybersecurity.pdf

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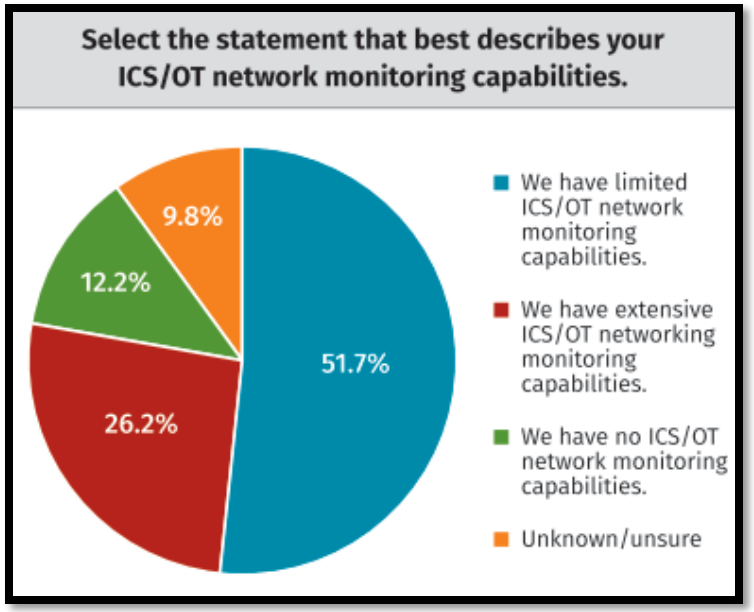
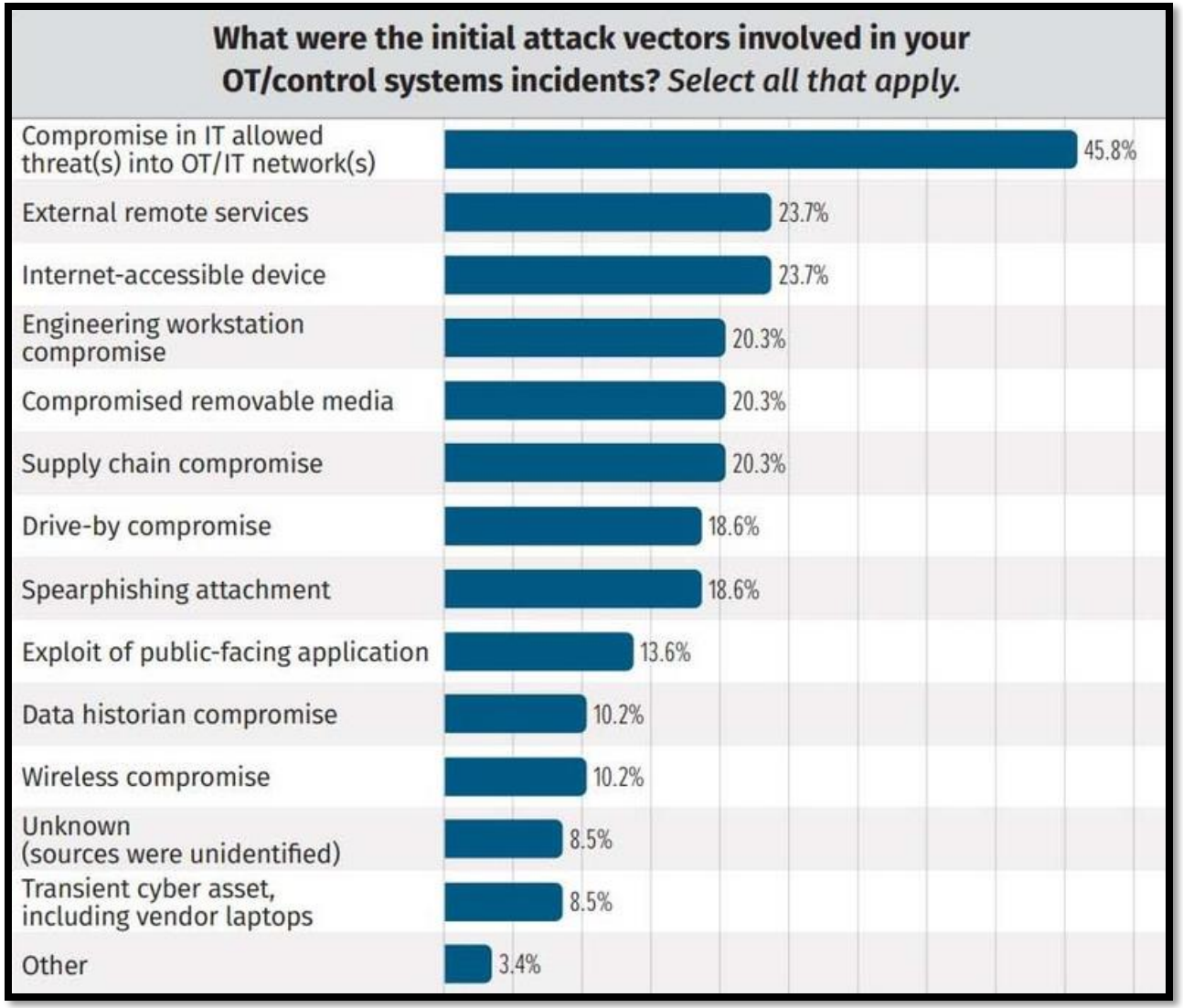
What Are The Key Drivers Behind OT Cyber Intrusions?

The *State of ICS/OT Cybersecurity 2024* report from SANS is based on responses from cybersecurity professionals in various critical infrastructure sectors.

The survey results provide insights into the key attack vectors and root causes behind those OT system intrusions.





Reference(s):

https://www.sans.org/white-papers/sans-2024-state-ics-ot-cybersecurity/

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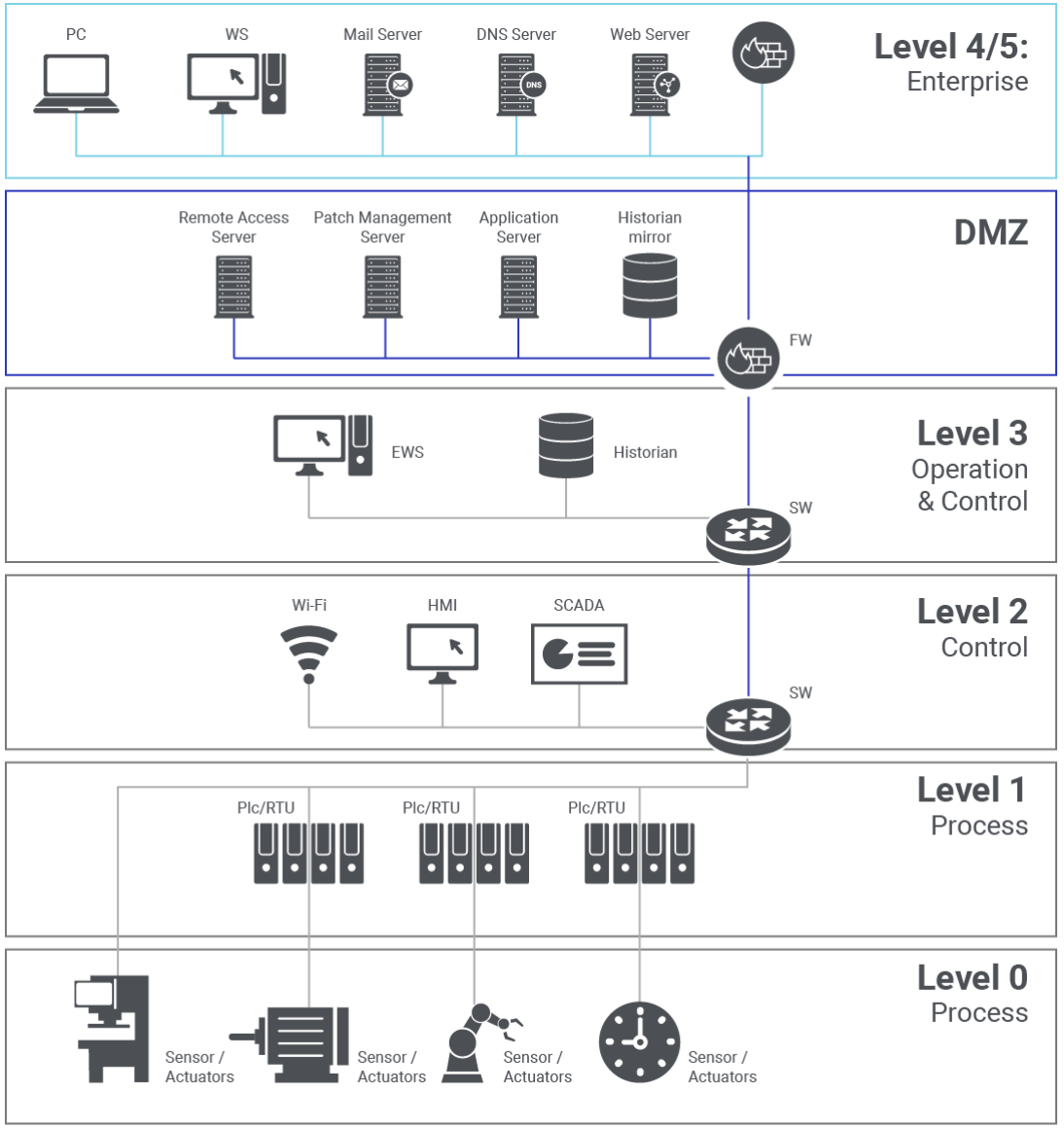
The Purdue Model & OT Security

- The Purdue model, part of the Purdue Enterprise Reference Architecture (PERA), defines a standardized ICS network structure that supports OT security.
- By dividing the ICS architecture into six hierarchical zones, it maintains a controlled flow of data between IT and OT layers. When implemented correctly, the model establishes an "air gap" between IT and OT systems, enabling strong access controls while preserving business continuity.

The Challenges With The Purdue Model

- The air gap doesn't really work anymore. The rise of IoT and cloud adoption across the industrial value chain has made many industrial networks so integrated that the traditional air gap simply isn't effective. This is why most OT system intrusions are via Compromised IT Networks, External Remote Services & Internet Accessible Devices.
- ICS devices were built to last—not to evolve. Many OT systems rely on older, inherently insecure protocols that lack modern security features. In some cases, the hardware is not powerful enough to run encrypted protocols. Upgrading these systems to support secure protocols can be challenging and costly.
- Malicious actors continue to increase their evasion capabilities by leveraging the same remote monitoring and management (RMM) tools that IT departments use to support IT and OT systems.



Reference(s):

https://www.sans.org/white-papers/sans-2024-state-ics-ot-cybersecurity/

https://www.zscaler.com/resources/security-terms-glossary/what-is-purdue-model-ics-security

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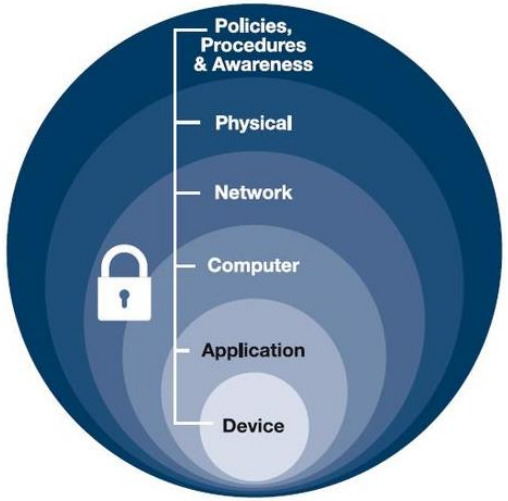
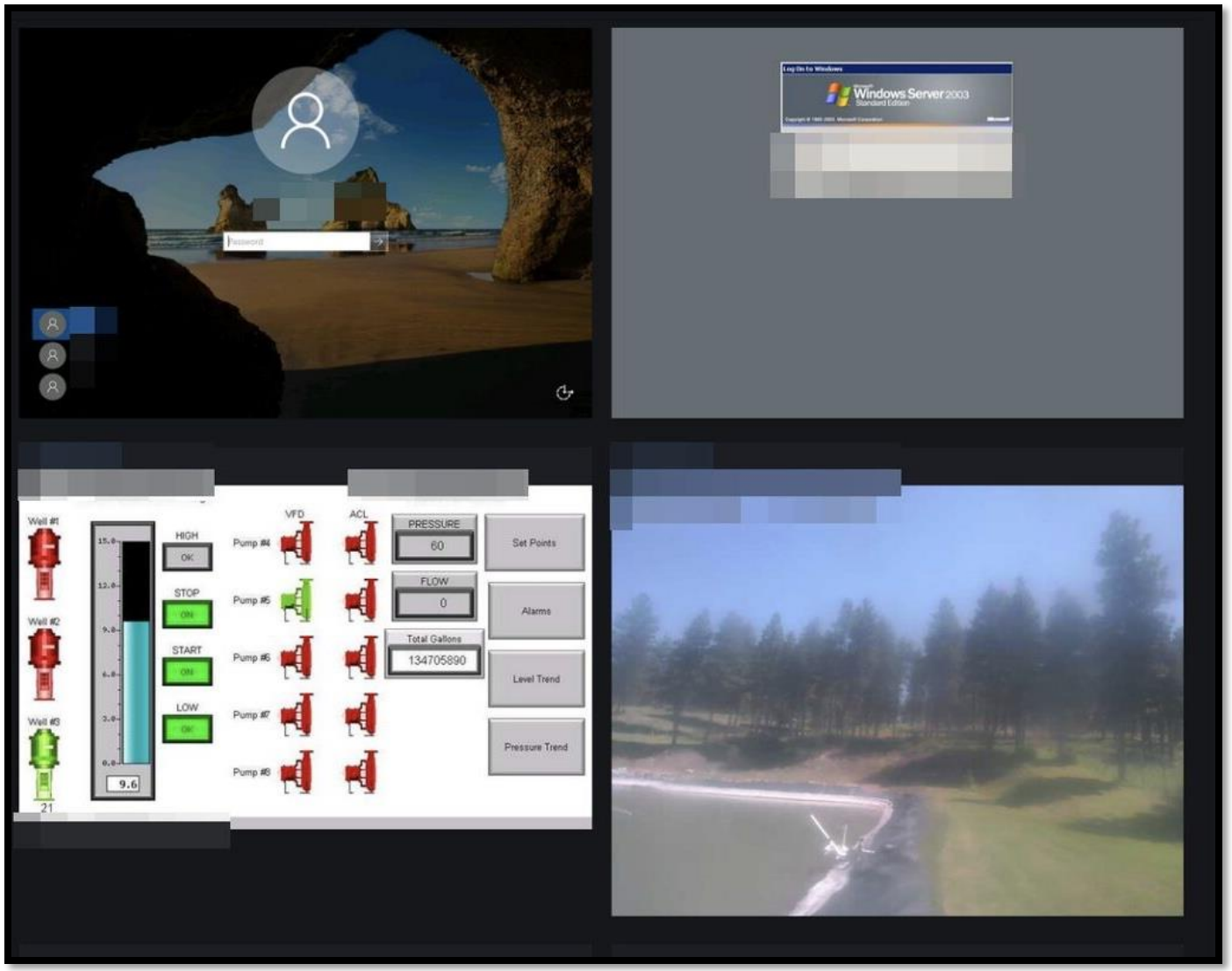
The Most Common Exploited OT Vulnerabilities & Weaknesses

In their *2024 Digital Defense Report*, Microsoft identified and disclosed over 300 vulnerabilities to suppliers through their OT application review initiative. The most common security vulnerabilities they identified, prioritized by risk and impact, were:

- **Outdated Authentication**
- **Insecure Communications**
- **Default Configurations & Credentials**
- **Outdated Legacy Software & Libraries**





Reference(s):

https://www.microsoft.com/en-us/security/security-insider/intelligence-reports/microsoft-digital-defense-report-2024

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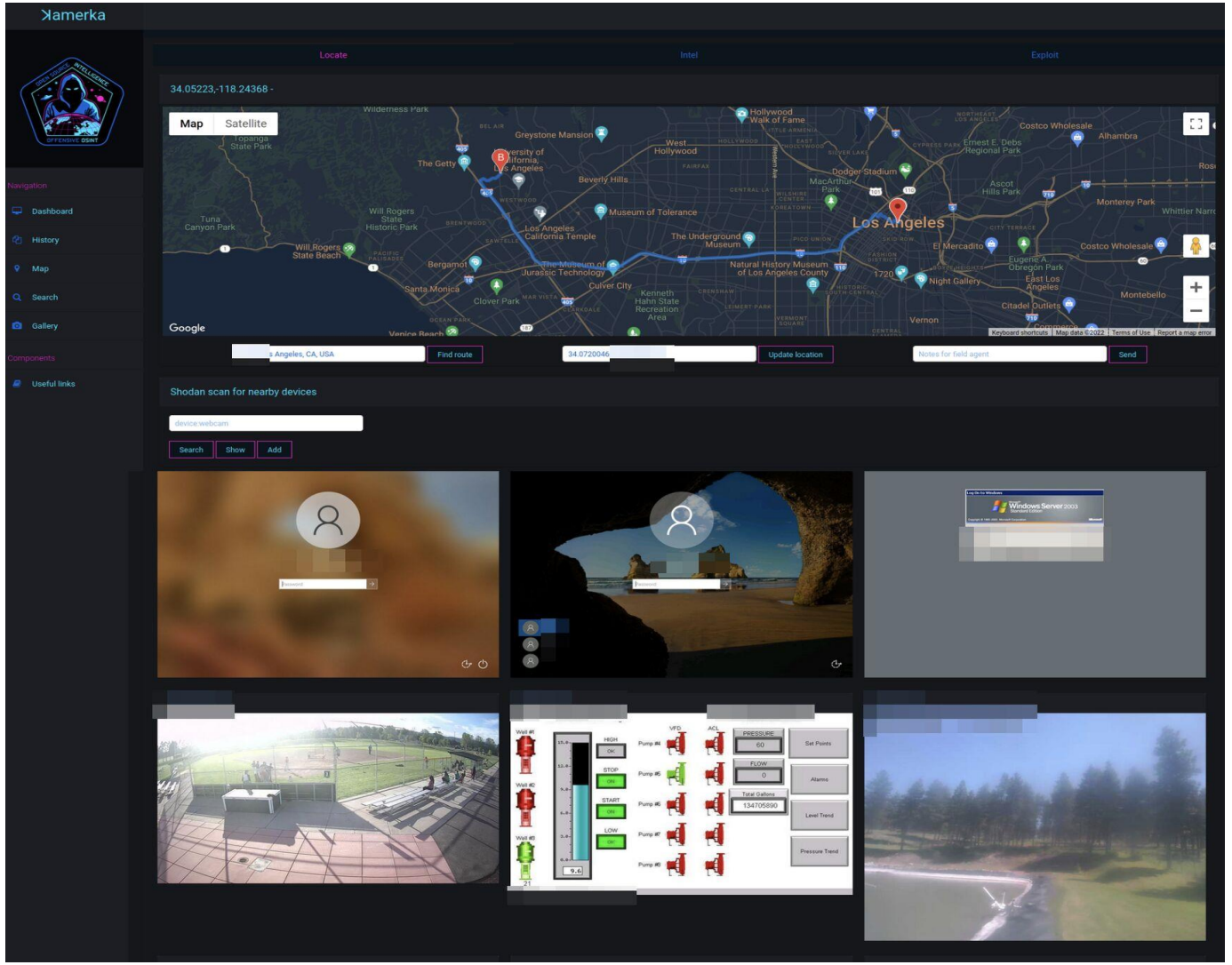
Practical Defensive Tip #1:

Map Your Organization's External Attack Surface For Vulnerable OT Systems On a Regular Basis

- To help prevent two of the top three most common OT initial intrusion vectors (compromised IT networks and Internet accessible devices) it's important to go beyond conventional OT asset discovery and perform OSINT scanning on a continuous basis across their external attack surface.
- Kamerka GUI is a free and open-source reconnaissance tool for discovering and assessing exposed Internet of Things (IoT) and Industrial Control Systems (ICS) devices.
- Kamerka leverages Shodan with support from Binary Edge and WhoisXMLAPI to scan for internet-facing ICS and IoT devices by IP, country, or geographic coordinates.
- Kamerka can quickly provide insights into unintentionally exposed OT infrastructure and the vulnerabilities that are present across those systems.



Reference(s):

https://github.com/woj-ciech/Kamerka-GUI

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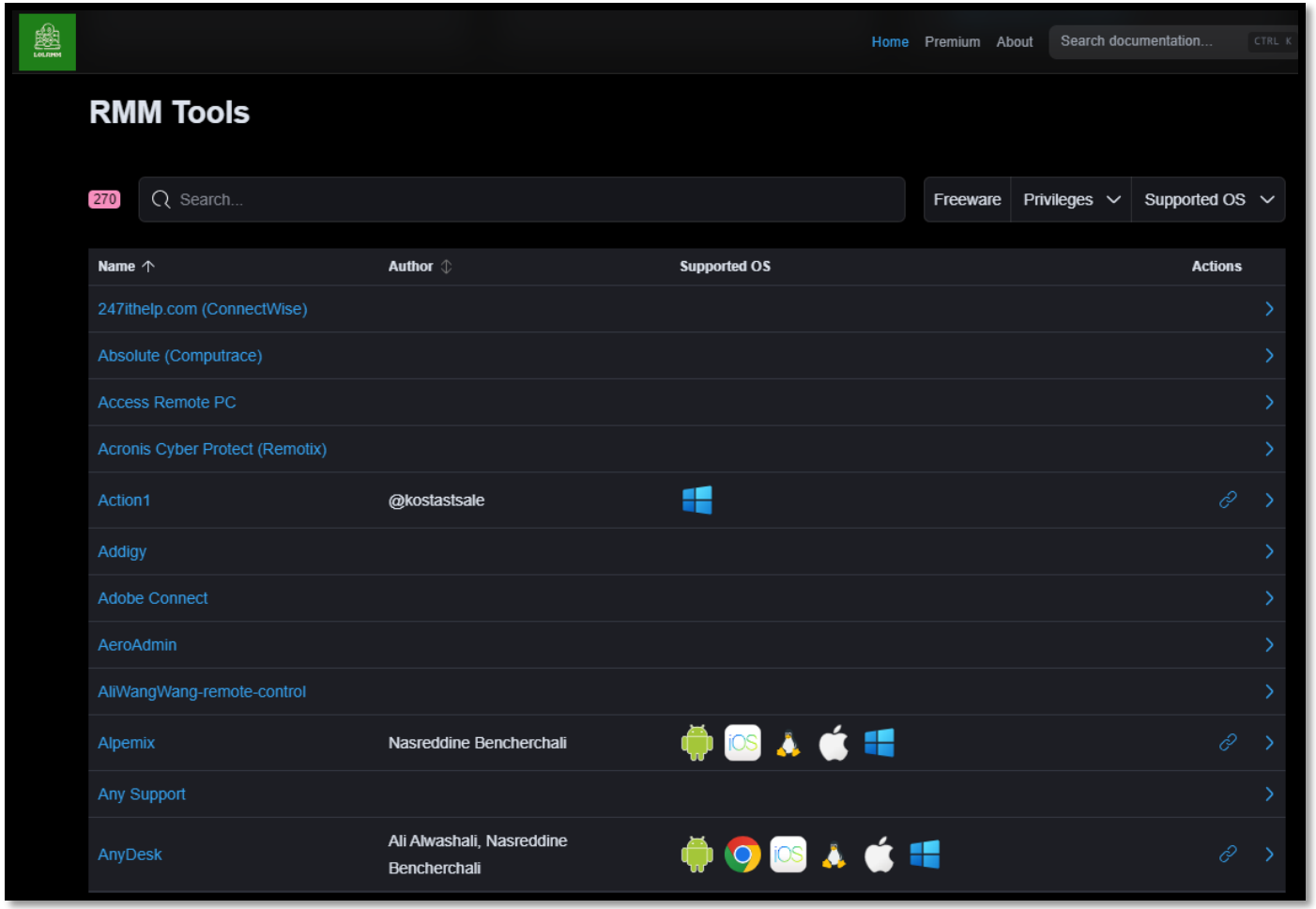
Practical Defensive Tip #2:

Configure Your Security Solutions To Block Unauthorized RMM IT Tools With The Company

- Malicious actors continue to increase their evasion capabilities by leveraging the same remote monitoring and management (RMM) tools that IT departments use to support IT and OT systems.
- This RMM-based living of the land (LOTL) attack allows malicious actors to gain a foothold into systems, laterally move about, perform privilege escalation and maintain persistence, including in OT environments.
- According to the *CrowdStrike 2024 Threat Hunting Report*, there's been a staggering 70% increase in RMM tool abuse in the last year.
- LOLRMM (Living Off the Land Remote Monitoring and Management) is a community-driven project that provides a curated list of RMM tools that can be misused by threat actors.
- Lists of unauthorized RMM tools can be imported into your organization's XDR, EDR and SIEM solutions via the LOLRMM API or using CSV, JSON and pre-built Sigma rules.



Reference(s):

https://www.crowdstrike.com/resources/reports/threat-hunting-report/

https://github.com/magicsword-io/LOLRMM

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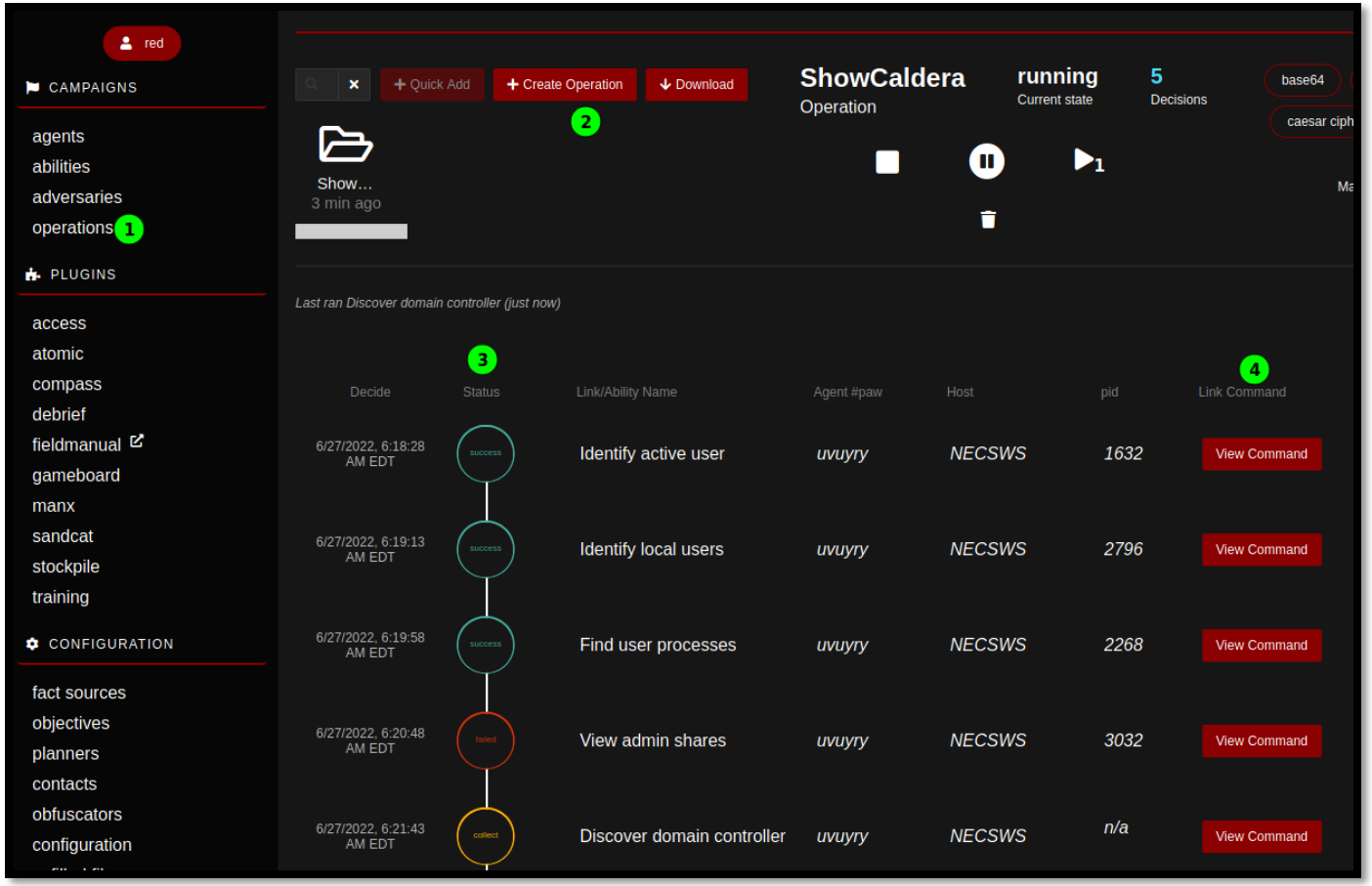
Practical Defensive Tip #3:

Implement OT Specific Continuous Security Testing Tools Like MITRE Caldera

- MITRE Caldera is an open-source tool for simulating adversarial tactics, techniques, and procedures (TTPs) in a controlled environment.
- It leverages the MITRE ATT&CK framework to provide automated, repeatable adversary emulation, helping organizations evaluate their defenses against real-world attack scenarios.
- With the MITRE Caldera OT Plugin, organizations can simulate adversary actions within OT systems. More specifically, this plugin provides plugins for key OT communication protocols:
  - BACnet (Building Automation Control Networks)
  - DNP3 (Distributed Network Protocol 3)
  - ModbusProfinet (Basic Discovery and Configuration Protocol)
  - IEC 61850 (Manufacturing Message Specification)



Reference(s):
https://github.com/mitre/caldera
https://github.com/mitre/caldera-ot

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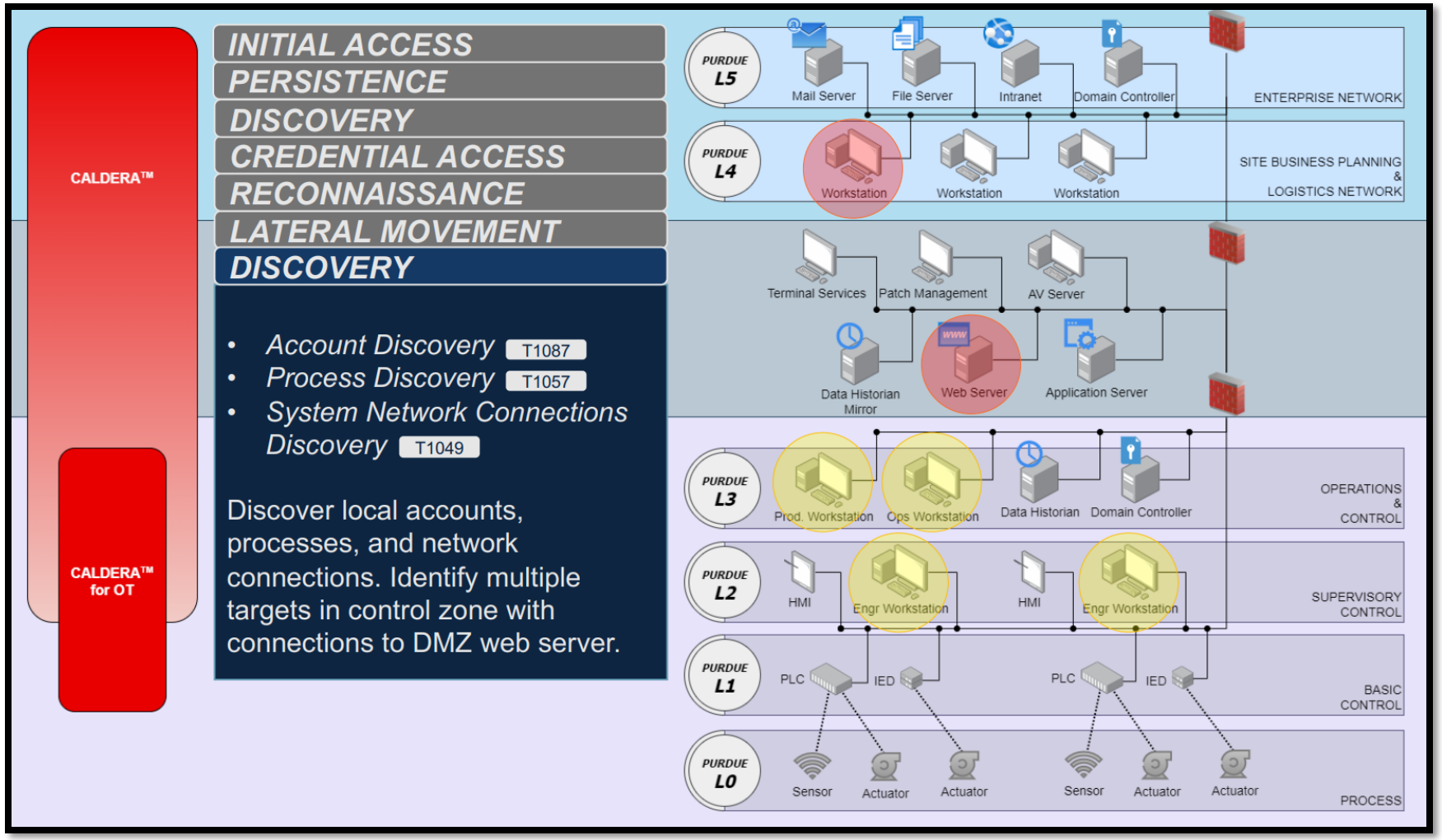
MITRE Caldera Use Case:

Simulating system intrusions from IT networks into OT systems in a way that tracks across the Purdue Model and MITRE ATT&CK Framework.



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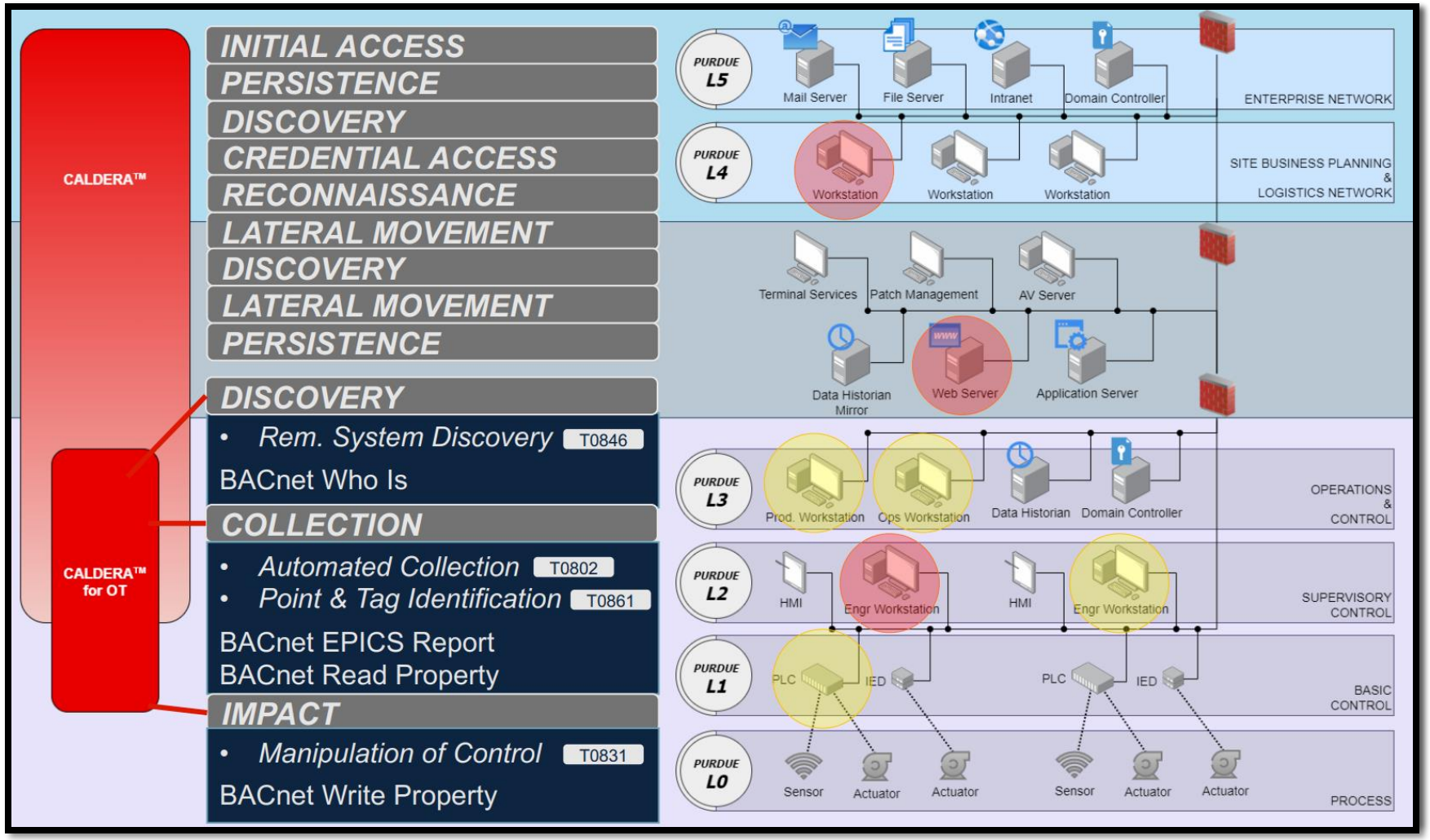

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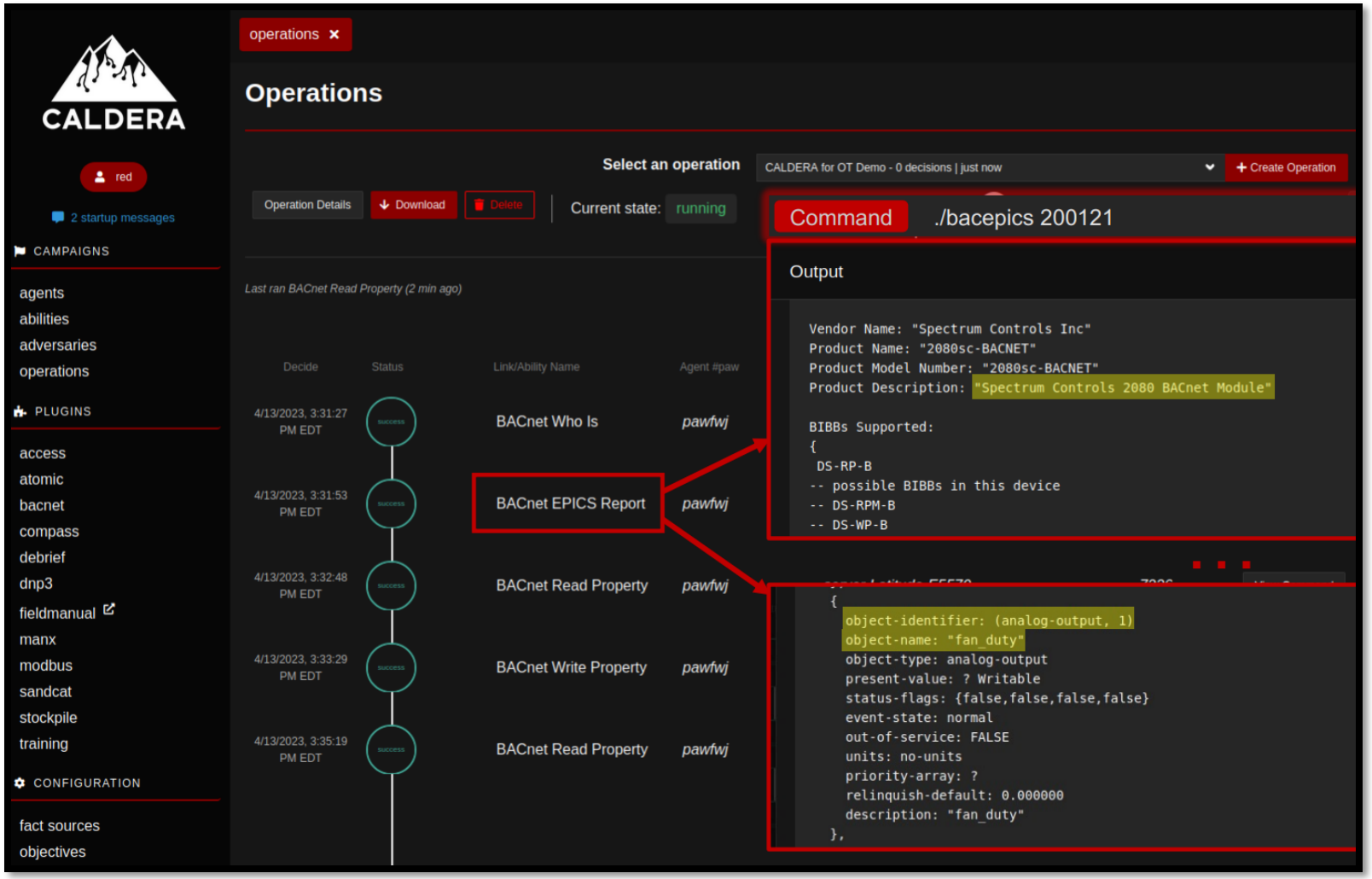

Reference(s):
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https://github.com/mitre/caldera-ot

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  - Zero Trust Network Access (ZTNA)
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  - Secure Access Service Edge (SASE)
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- Managed Attack Surface Reduction
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- Cybersecurity Risk Assessments
  - Including Traditional & Cloud Systems
- Continuous Security Analysis In The SDLC
  - SCA/SAST/DAST, DevSecOps & SaC

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